

प्रदेश लोक सेवा आयोग

गण्डकी प्रदेश

प्रदेश स्थानीय स्वास्थ्य सेवा, हेल्थ इन्सपेक्सन समूह, सहायक चौथो तह, अ.हे.ब. पदको खुला प्रतियोगितात्मक लिखित परीक्षा

मिति: २०८१।११।१७

समय : ४५ मिनेट

पत्र:-प्रथम

पूर्णाङ्क:- १००

वस्तुगत बहुवैकल्पिक (५० प्रश्न ×२ अङ्क):

उत्तरपुस्तिकामा प्रश्नपत्रको Key अनिवार्य उल्लेख गर्नुपर्नेछ। उल्लेख नगरेमा उत्तरपुस्तिका रद्द हुनेछ। साथै परीक्षामा Calculator, Mobile, Smart watch लगायतका विद्युतीय उपकरणहरू प्रयोग गर्न पाइने छैन।

Job Based MEMORY BASED QUESTION

- 1. Megaloblastic anemia is commonly caused by:**
 - a. Vitamin B12 deficiency**
 - b. Vitamin C deficiency
 - c. Calcium deficiency
 - d. Vitamin B6 deficiency
- 2. Which of the following is a disease caused by virus ?**
 - a. Cholera
 - b. TB
 - c. Leprosy
 - d. Chickenpox**
- 3. Which of the following is not a part of small intestine ?**
 - a. Appendix**
 - b. Duodenum
 - c. Jejunum
 - d. Ileum
- 4. How many level of health care system are there in Nepal ?**
 - a. 2
 - b. 3**
 - c. 4
 - d. 5
- 5. Immunization is:**
 - a. Health Promotion
 - b. Specific protection**
 - c. Early diagnosis
 - d. Treatment
- 6. Which of the following is the correct matching pair of disease and pathogen ?**
 - a. Kala-azar-Plasmodium
 - b. Malaria: Anopheles
 - c. Filariasis: Wuchereria**
 - d. Dengue: Leishmania
- 7. Excessive bleeding during an injury is due to deficiency of:**
 - A. Vitamin A deficiency
 - B. Vitamin B12 deficiency
 - C. Vitamin D deficiency
 - D. Vitamin K deficiency**
- 8. Mass drug administration is a strategy related to:**
 - A. Malaria control
 - B. Dengue control
 - C. Lymphatic filariasis control**
 - D. Scrub typhus control
- 9. Oedema of legs, arms, and face usually occurs in:**
 - A. Kwashiorkor**
 - B. Marasmus

C. Measles

D. Anaemia

10. HIV/AIDS is an example of:

A. Communicable disease

B. Non-communicable disease

C. Degenerative disease

D. Deficiency disease

11. The cellulitis means:

A. Inflammation of lymphatic vessel

B. Inflammation of skin

C. Inflammation of subcutaneous tissue

D. All of the above

12. Which eye disease is common among old people?

A. Trachoma

B. Glaucoma

C. Poor vision

D. Cataract

13. Cholelithiasis indicates the presence of stones in:

A. Kidney

B. Liver

C. Spleen

D. Gallbladder

14. Diabetes, a common global non-communicable disease, is a disease of:

A. Cardiovascular system

B. Nervous system

C. Endocrine system

D. Lymphatic system

15. Which of the following therapeutic foods is commonly used to treat severe malnutrition?

A. RUTF (Ready-to-Use Therapeutic Food)

B. ORS (Oral Rehydration Solution)

C. Fortified cereals only

D. High-fat diet with no protein

16. If a child of 15 months is brought to a health facility with a respiratory rate of 41/minute, he will be classified as:

A. No pneumonia

B. Pneumonia

C. Severe pneumonia

D. Very severe pneumonia

17. Which gland in males secretes fluid that nourishes and protects sperm?

a. Prostate gland

b. Adrenal gland

c. Pituitary gland

d. Testes

18. Which vector responsible malaria transmission:

a. Aedes aegypti mosquito

b. Anopheles mosquito

c. Culex mosquito

d. Mansonian mosquito

19. Which of the following should not be done during choking ?

a. Encourage the patient to cough out

b. Perform abdominal thrust if they can't breath

c. Give them a drink

d. Call emergency services if unresponsive

20. 50 -100 bed hospital can be established through the approved of:

- a. Rural municipality
- b. Metropolitan
- c. Sub-Metropolitan
- d. Province level authority

21. What is the recommended compression to breath ratio for CPR in adult:

- a. 5 compression to 2 breath
- b. 15 compression to 2 breath
- c. 30 compression to 5 breaths
- d. 30 compression to 5 breath

22. HMIS stands for:

- A. Hospital Management Information System
- B. Hospital Medicine Information System
- C. Health Management Information System
- D. None of the above

23. If a patient can not listen well to the advice of a health worker this kind of communication barrier is:

- a. Physiological barrier
- b. Psychological barrier
- c. Linguistic barrier
- d. Cultural barrier

24. The parameter for assessment of chronic malnutrition is:

- A. Weight for age
- B. Weight for height
- C. Height for age
- D. Any of the above

25. What is the appropriate temperature for storage of BCG Vaccine?

- A. 2-8°C
- B. 3-9°C
- C. 4-10°C
- D. 5-11°C