

प्रदेश लोक सेवा आयोग  
लुम्बिनी प्रदेश  
नेपाल स्वास्थ्य सेवा

सहायक पाचौ तह, हे. अ. , हेल्थ इन्स्पेकसन समूह वा सो सरह लिखित प्रतियोगात्मक परीक्षा को नमूना प्रश्न पत्र

1. Which test is done for kala-azar ?
  - A. Aldehyde test
  - B. coomb teat
  - C. casino test
  - D. None of the above
2. Athlete foot is caused by.....
  - A. Taenia cruris
  - B. Taenia Capatis
  - C. Taenis pedis
  - D. all
3. How much amount of fluid is to be given for 9kg child in first 4 hours in case of dehydration ?
  - A. 675 ml
  - B. 375 ml
  - C. 900 ml
  - D. 475 ml
4. Which is not the spacing method of family planning ?
  - A. Male condoms
  - B. Depoprovera
  - C. Sterilization
  - D. Norplant
5. Which Among the following come under simple physical examination ?
  - A. History taking
  - B. Radiographic examination
  - C. Auscultation
  - D. Lab test examination
6. Which among the following is not the objective of family planning ?
  - A. To bring wanted birth
  - B. Gender equality
  - C. To Space between births
  - D. to determine the number of children
7. Most common Symptoms of ear disease is
  - A. Ear pain
  - B. vertigo
  - C. discharge
  - D. tinnitus
8. Which Among the following is not the sign of shock ?
  - A. Nausea & vomiting
  - B. Cold Skin & weak pulse
  - C. Moist & clammy skin
  - D. low blood pressure
9. Which of the following is not the objective of TB Programme ?
  - A. To achieve 70% case detection rate
  - B. To cure 85% of the Cases
  - C. To decreases death rate by 50%
  - D. to achieve 80% smear conversion rate
10. What is the common cause of mental reterdation ?
  - A. abortion
  - B. smoking
  - C. anemia
  - D. Prolonged labor

11. Which insecticide is used inside the residual place for the control of kal-azar & malaria ?

- A. DDT & pyrethroid
- B. DDT only
- C. Pyrethroid only
- D. None of the above

12. In Child what is seen most commonly due to worm infestation ?

- A. Vitamin A deficiency
- B. iodine deficiency
- C. iron deficiency anemia
- D. None of the above

13. Ministry of health & population undertake p1 program review

- A. Every year
- B. every 4 month
- C. Every month
- D. every 6 month

14. In typhoid Which type of fever is seen ?

- A. Remittent
- B. stepladder pattern
- C. intermittent
- D. none

15. First aid treatment for infected wound is

- A. use antibiotics
- B. through washing
- C. stop bleeding
- D. suturing

16. All are the measures of vector control for malaria and filarial except ?

- A. Management of case

B. use of insecticide

C. Environmental sanitation

D. Use of Mosquito Net(Chemical treated)

17. Which test is done for kala-azar ?

- A. Aldehyde test
- B. coomb test
- C. casino test
- D. None of the above

18. All the following are done as emergency management for fracture and injury except ?

- A. Open I/v line
- B. Use antibiotics
- C. Stop bleeding
- D. Assess airway & breathing

19. Emergency contraceptive has to be taken within.....

after unsafe sexual intercourse

- A. 24Hrs
- B. 48Hrs
- C. 96Hrs
- D. 72Hrs

20. Primaquine kills which stage of malaria ?

- A. Gametocytes
- B. Hypnozoites
- C. Both
- D. none

21. Malaria is transmitted by

- A. Culex
- B. Aedes
- C. male anopheles
- D. Female anopheles

22. Which of the post is not present in primary health care centre ?

- A. M.o
- B. Staff nurse
- C. Auxillary wife
- D. AHW

23. in PHC/ORC all services are available except

- A. Family planning advices
- B. PERmanent sterilization
- C. ANC service
- D. PNC service

24. FCHV Program is implemented as population basis in how many district ?

- A. 28 Districts
- B. 33 Districts
- C. 47 Districts
- D. 65 Districts

25. The leprosy is not eliminated in nepal as

- A. Incidental rate is  $>1/10000$
- B. Prevalence rate is  $>1/10000$
- C. Disability rate is  $>1/10000$
- D. Case detection rate is  $>1/10000$

26. The following are the risk condition in pregnancy except

- A. Unmarried women
- B.  $<19$ Yrs &  $>35$  Years women
- C.  $>4$ Ft Women
- D. Women having  $>4$ Child

27. Which is the Tempreature for proper storage of Hepatitis, Dpt & TT vaccine ?

- A.  $+20$ - $+28$  Degree C
- B.  $-2$ - $5$  Degree C
- C.  $+2$ - $+8$  Degree C

D. Room tempreature

28. The target group for vitamin A Supplementation is :

- A.  $<1$  year
- B. 5-15 Years
- C. 6 month-59 Months
- D. 0-5 Years

29. A pregnant women is called anemic when Hemoglobin Level is below

- A. 10gm/dl
- B. 11gm/dl
- C. 12gm/dl
- D. 9gm/dl

30. Rabies virus is found.....of infected animals

- A. Blood
- B. Saliva
- C. Semen
- D. CSF

31. Most Common cause of maternal mortality in nepal is ?

- A. Anemia
- B. Unsafe abortion
- C. puerpal sepsis
- D. post partum hemorrhage

32. Brain damage occur in which of the following ?

- A. Hyperthyroidism
- B. goiter
- C. myxoedema
- D. cretinism

33. Polio is a

- A. disease

- B. vaccine
- C. causative agent
- D. factor

34. Which is not the major cause of under five mortality ?

- A. ARI
- B. Diarrhoea
- C. Malnutrition
- D. Congenital anomaly

35. The Waste in which human excreta is also mixed is

- A. sewage
- B. sullage
- C. refuse
- D. Litter

36. The daily requirement of iodine for adult is

- A. 50 g/day
- B. 100 g/day
- C. 150 g/day
- D. 200 g/day

37. The most insanitary methods for waste disposal is

- A. Incineration
- B. Trench filling
- C. Dumping
- D. composing

38. In which of the following numerator is not the part of denominator ?

- A. Rate+ratio
- B. Ratio
- C. propertion
- D. None

39. Breast feeding week is observed from:

- A. 1-7 September
- B. 1-7 august
- C. 1-7 October
- D. 20-27 june

40. Which disease can be transmitted by BAT ?

- A. kala-azar
- B. malaria
- C. rabies
- D. Trench fever

41. In AIDS which cell is mostly affected ?

- A. Plasma cells
- B. T-lymphocytes
- C. Neutrophil
- D. Neutrophil

42. When was the First Cause of AIDS detected in Nepal ?

- A. 1978
- B. 1988
- C. 1998
- D. 1968

43. When Mosquito bites human which form are injected into blood causing malaia ?

- A. gametocytes
- B. sporozoites
- C. Merozoites
- D. Crypyzoites

44. Malaria is endemic in.....districts in Nepal

- A. 45
- B. 55
- C. 65
- D. 70

45. A wound is called lacerated if there is :

- A. A Fine cut due to sharp object
- B. irregular type of injury caused by blunt object
- C. A deep but fine cut injury
- D. none

46. Oedema occurs in :

- A. Anemia
- B. Marasmus
- C. Kwasiokor
- D. Xerophthalmia

47. A Person having bluish discoloration of tongue due to hypoxia in blood is known as :

- A. Clubbing
- B. cachetic
- C. Cyanosis
- D. Anemia

48. PHC/ORC प्राय कति समयको अन्तरमा संचालन गरन्छ ?

- A. every 3 month
- B. every month
- C. every 15 days
- D. every 4 month

49. सानो बच्चामा Hepatitis B को Injection कहाँतिईन्छ ?

- A. िायाँपाखुरामा
- B. िायाँवा बायाँप्युठाको बातहरी भाग
- C. बायाँतिग्रामा
- D. बायाँवा िायाँतिग्रामा

50. एउटा गाउमा कतिवटा सम्म PHC/OCR चलाउन सतकन्छ ?

- A. १-३ वटा
- B. ३-५ वटा
- C. ६-८ वटा
- D. आबश्यकता अनुसार

Answer Sheet

1.A 2.B 3.A 4.C 5.C 6.B 8.A 9.D 10.D 11.C  
12.C 13.B 14.B 15.B 16.A 17.A 18.B 19.D 20.C  
21.D  
22.C 23.B 24.A 25.B 26.C 27.C 28.C 29.B 30.B 31.D  
32.D 33.C 34.D 35.A 36.C 37.C 38.B 39.B 40.C  
41.B  
42.B 43.B 44.C 45.B 46.C 47.C 48.B 49.C 50.B