

PHO लोकसेवा दोस्रो पत्र संकलन

PHO Karnali (2081-05-22)

प्रदेश लोक सेवा आयोग, कर्णाली प्रदेश

स्वास्थ्य सेवा, हेल्थ इन्सपेक्सन समूह, अधिकृतस्तर सातौं तह, जनस्वास्थ्य अधिकृत पदको खुला प्रतियोगितात्मक लिखित परीक्षा

(२०८१/०५/२२)

चरण : प्रथम

समय : ३ घण्टा

पत्र : द्वितीय

पूर्णाङ्क : १००

विषय : हेल्थ इन्सपेक्सन सम्बन्धी

सबै प्रश्नहरू अनिवार्य छन् । प्रत्येक खण्ड (Section) को उत्तर छुट्टाछुट्टै उत्तरपुस्तिकामा लेख्नुपर्नेछ अन्यथा उत्तरपुस्तिका रद्द हुनेछ ।

Section-(A)

1. What are the salient features of Karnali Province Health Policy, 2076? What other changes would you suggest for positive health reforms in Karnali Province? (5+5)
2. What are the opportunities and challenges in implementing federalism in the Health System of Nepal? (10)
3. a) Based on the Local Government Operation Act, 2074 what are the health related responsibilities of local government? (5)
b) What are the provisions for punishment and appeal for a government employee? (5)

Section-(B)

1. Why FCHV program has been a major success in Nepal? Discuss the major changes made in FCHV program over the last few years. (5+5)
2. What are the common mental health issues in Nepal? Explain, how Psycho-social support can prevent distress and suffering from turning into more severe mental problem. What system will help in providing mental health services? (3+3+4)
3. What are the health effects of natural disasters? Discuss the important measures to be taken in community and province level for disaster preparedness. (3+4+3)

Section-(C)

1. What are the health education information and communication activities run by Karnali Province and local level describe and how to improve effectively? (5+5)
2. What health related training programs are being carried out in Karnali Province? What gaps are still observed? Make out a plan to fill the gaps. (3+3+4)

Section-(D)

1. a) Differentiate between supervision, monitoring and evaluation with examples. (5)
b) Outline the structure of Ministry of Health and Population and Ministry of Social Development. (5)
2. What is human resource management and its objectives? Clarity seven major functions of human resource management in Nepal. (5+5)

THE END

Gandaki Province Loksewa Examination

Key (D)

प्रदेश लोक सेवा आयोग

गण्डकी प्रदेश

स्थानीय स्वास्थ्य सेवा, हेल्थ इन्स्पेक्सन समूह, सातौं तह, जनस्वास्थ्य अधिकृत पदको अन्तर तह, खुला तथा समावेशी प्रतियोगितात्मक लिखित परीक्षा

(२०८०/१०/०२)

पत्र: द्वितीय

पूर्णाङ्क: १००

समय: ३ घण्टा

निम्न प्रश्नहरूको उत्तर Section अनुसार छुट्टाछुट्टै उत्तरपुस्तिकामा लेख्नुपर्नेछ, अन्यथा उत्तरपुस्तिकामा रद्द हुनेछ ।

Section-A

1. What are the five key features of the Gandaki Health Policy 2078? Critically review the first five-year plan of Gandaki Province. (5+5 = 10)
2. Write short notes on:
 - a. Ethical issues in health (5)
 - b. Health and human right (5)
3. Discuss social, cultural and environmental determinants for the protection, promotion and improvement of public health considering the Public Health Service Act, 2075 (2018) of Nepal. (10)

Section-B

1. How can the development of health profiles contribute to early disease detection and prevention strategies and what ethical considerations should be taken into account when sharing and using this health information? (5+5 = 10)
2. What are the most effective and equitable methods of financing healthcare systems to ensure access to quality healthcare services for all members of society? Describe briefly. (10)
3. Define demand-side and supply-side health financing and discuss the effect of demand and supply side health financing on infant, child and maternal mortality in Nepal with examples. (10)

Section-C

1. Critically discuss health education, information and communication practices local/ district/province/ national in Nepal. (10)
2. What is safe motherhood and newborn care? Describe the roadmap outlined in safe motherhood and newborn health roadmap 2030. (5+5 = 10)

Section-D

1. What are the strengths and challenges of coordination mechanism at three levels in the health sector of Nepal? Analyze organogram of Ministry of Social Development and Health (MoSDH) of Gandaki Province. (5-5 =10)
2. Differentiate between community organization and community development. Discuss briefly the principles and process of community organization. (10)

THE END

Bagmati Province Loksewa Examination

प्रदेश लोक सेवा आयोग,
बागमती प्रदेश
स्वास्थ्य सेवा, हेल्थ इन्स्पेक्सन समूह, सातौं तह, जनस्वास्थ्य अधिकृत पदको खुला प्रतियोगितात्मक लिखित परीक्षा
(२०८१/०२/०५)

पत्र: द्वितीय

पूर्णाङ्क: १००

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समय: ३ घण्टा

निम्न प्रश्नहरूको उत्तर Section अनुसार छुट्टाछुट्टै उत्तरपुस्तिकामा लेख्नु पर्नेछ, अन्यथा उत्तरपुस्तिका रह हुनेछ ।

Section - A [50 Marks]

1. Critically analyze the status of human resources management in health care delivery system of Nepal, with reference to brain drain in health sector. [10]
2. Define community organization and describe the principles of community organization? [10]
3. What are health rights and how does the constitution of Nepal define them? Assess the challenges in ensuring citizens' access to basic health services, highlighting the collaborative responsibilities among Federal, Provincial and Local Levels. [10]
4. What are the Reproductive Health Issues in Nepal? Describe the major interventions implemented by government of Nepal to improve it? [4+6]
5. Describe the problems, challenges and opportunities as stated by National Health Policy, 2076 (2019) and list out its guiding principles? [2.5+2.5+2.5+2.5]

Section - B [50 Marks]

1. What is the status of National Immunization Program (NIP) in Nepal? How has the immunization program been managed at the Local Level? [5+5]
2. What do you think an effective disaster management plan and early warning reporting system can contribute to minimizing the effect of natural disaster or disease epidemic on communities and what examples can you share to illustrate this? [7+3]
3. What is information system? List out the existing information systems used in Health System of Nepal and its role in the evidence based decision making in health programs of Nepal. [2+3+5]
4. List out the major training activities do at the district level. Describe the steps of Public Health related training activities? [2+8]
5. Write short notes on:
 - a. Management of Health Camps [5]
 - b. Management of Multi Drug Resistance (MDR) TB [5]

THE END

Mero Healthline

Madhesh Province Loksewa Examination (2079/10/04)

प्रदेश लोक सेवा आयोग
मधेश प्रदेश

स्वास्थ्य सेवा, हेल्थ इन्सपेक्सन समूह, सातौं तह वा सो सरह पदको प्रतियोगितात्मक लिखित परीक्षा

२०७९/१०/०४

पत्र: द्वितीय

समय : ३ घण्टा

विषय : हेल्थ इन्सपेक्सन सम्बन्धी

पूर्णाङ्क : १००

निम्न प्रश्नहरूको उत्तर Section अनुसार छुट्टाछुट्टै उत्तरपुस्तिकामा लेख्नुपर्नेछ, अन्यथा उत्तरपुस्तिका रद्द हुनेछ ।

Section - A

1. How can we achieve universal health coverage to fulfil health as a fundamental right in Madhesh Pradesh? (10)
2. According to Health Act, 2053 and Health Regulation, 2054, which type of study leaves are provisioned and what are the pre-requisites for those study leaves. (4+6=10)
3. What are the major ethical issues in health? Describe with examples. (10)

Section - B

1. What is malnutrition? What are various nutrition activities carried under national nutrition program? Critically analyze the gaps and challenges with appropriate recommendations. (2+3+5=10)
2. The National Health Education Communication Center (NHEICC), Nepal is the lead for all health promotion, education and communication program including multi-sectoral health initiatives. Critically appraise the function and roles of this center during the COVID-19 pandemic. (10)
3. Female Community Health Volunteer (FCHV) have been playing main role in community health and have become back bone of public health system". Explain. (10)

Section - C

1. Describe how IMCI program can reduce child mortality in Madhesh Pradesh. (10)
2. Community- Based integrated management of New Born and Childhood Illness (CB-IMNCI) is an integrated package of improve new born and child survival and healthy growth and development. Explain the Newborn Specific, child specific and Cross- cutting interventions of that program package. (10)

Section - D

1. Elaborate Organizational structure of Ministry of Health and Population and critically describe how this structure will increase accessibility. (6+4=10)
2. How could Ayurveda and others indigenous & traditional health care system aid to improving health indicators. Explain. (10)

THE END

Madhesh Province Loksewa Examination (2080/10/26)

Question collected by Mero Healthline

Mero Healthline

प्रदेश लोक सेवा आयोग, मधेश प्रदेश

स्वास्थ्य सेवा, हेल्थ इन्स्पेक्सन समूह, अधिकृत सातौं तह वा सो सरह पदको खुला तथा अन्तर सेवा प्रतियोगितात्मक

लिखित परीक्षा

पत्र: द्वितीय

पूर्णाङ्क: १००

विषय: हेल्थ इन्स्पेक्सन सम्बन्धी

समय: ३ घण्टा

निम्न प्रश्नहरूको उत्तर Section अनुसार छुट्टाछुट्टै उत्तरपुस्तिकामा लेख्नुपर्नेछ, अन्यथा उत्तरपुस्तिका रद्द हुनेछ ।

Section - A 30 Marks

पूर्णाङ्क : १००

1. What was the aim and goal of second long term Health Plan? What was the targets and their achievement? Explain. [10]
2. What does it mean by local Governance describe the decentralization work in health sector in Nepal. Briefly explain the strategies, objectives and agreed principle in health system-of Nepal under the collaboration framework between MoHP and Ministry of federal affairs and local development. [2+3+5=10]
3. Public health professionals can play a critical role in improving access & quality healthcare for the population. They create situation to provide essential services that promote health. Prevalence diseases and deliver healthcare service to individual, families and communities based on primary healthcare approach. Briefly discuss the five domains of competencies of health professionals representing skill area within public health. [10]

Section - B

1. How can we improve HMIS and LMIS in health sector (Govt) in Madhesh Province in context of federalism? [10]
2. Briefly explain PHC-ORC Program and its importance in the context of Nepal. What services are available through PHC-ORC? [10]
3. What are the important functions of NHEICC (National Health Education Information and Communication Center)? How do you analyze the role of NHEICC can be instrumental in present day public health intervention? [5+5=10]

Section - C

1. The Health office at district level conducts various health promotion, communication and health education related activities as mandated by National Health Education Information and Communication Center (NHEICC). Discuss ten such activities. [10]
2. What are the major challenges in Dengue control program in Nepal? Explain in perspective of Public Health Program Management. [10]

Section - D

1. What does it mean by supervision? Describe the need and types of supervision. Also explain supportive supervision with its team approach including personal qualities of a good supervisor. [2+2+6=10]
2. What is supervision? How supervision is different from monitoring? Describe the roles of Supervision in improving health care System? [5+5=10]

THE END

Mero Healthline

Koshi Province Loksewa Examination

प्रदेश लोक सेवा आयोग

कोशी प्रदेश, विराटनगर

प्रदेश निजामती सेवा अन्तर्गत प्राविधिक तर्फ प्रदेश स्वास्थ्य सेवा, हेल्थ इन्स्पेक्सन समूह, अधिकृतस्तर सातौं तह, जनस्वास्थ्य अधिकृत पदको अन्तर स्थानीय तह प्रतियोगितात्मक लिखित परीक्षा

(२०८१/०७/२६)

पत्र: द्वितीय

पूर्णाङ्क: १००

विषय: हेल्थ इन्स्पेक्सन सम्बन्धी

समय: ३ घण्टा

सबै प्रश्नहरू अनिवार्य छन् । प्रश्नहरूको उत्तर खण्ड (Section) अनुसार बेग्लाबेग्लै उत्तरपुस्तिकामा लेख्नुपर्नेछ अन्यथा उत्तरपुस्तिका रहहुनेछ । परीक्षामा मोबाइल लगायत विद्युतीय उपकरणहरू प्रयोग गर्न पाइने छैन ।

Section-A: Marks-30

1. List the SDG-3 targets for Nepal for 2030. Discuss the present status and give your suggestion to reach these targets by 2030. [3+3+4]
2. Write guiding principle of ethics. Discuss ethical issues about patient safety during research process. [5+5]
3. Briefly explain with salient features of Public Procurement Act, 2063. [10]

Section-B: Marks-30

1. Describe cost effective and cost benefit analysis with examples. [10]
2. Explain the terms 'belief' and 'social taboo' and show their relationship with health of community with suitable examples. [5+5]
3. Write the major strategies and current status of Logistic Management Information System (LMIS) of Nepal. [5+5]

Section-C: Marks-20

1. List the positive and negative aspects of the social health insurance and give your suggestions to improvement. [6+4]
2. Describe the control and prevention of dengue fever in Dharan. [10]

Section-D: Marks-20

1. Mention the major structure of provincial health system of Koshi Province and explain the corrective measure of the health structure. [5+5]
2. What do you understand about the principles of community organization for the delivery of effective health care at local level? [10]

THE END

Mero Healthline

Loksewa Aayog, Nepal Swasthya Sewa (2077/10/19)

लोक सेवा आयोग

नेपाल स्वास्थ्य सेवा, हेल्थ इन्स्पेक्सन समूह, सातौं तह, प्राविधिक पदको प्रतियोगितात्मक लिखित परीक्षा

(२०७७/१०/१९)

पत्र: द्वितीय

विषय: हेल्थ इन्स्पेक्सन सम्बन्धी

पूर्णाङ्क: १००

समय: ३ घण्टा

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Section 'A'

1. What do you mean by National Health Policy? Describe briefly the areas addressed by National health policy 1991 and the national policy 2015. (2+8=10)
2. Explain in role of Nepal Health Professional Council (NHPC) to improve the quality of health services in Nepal. (10)
3. What do you mean by decentralization? What is the role of local government in effective health services delivery? Describe in present context. (10)

Section 'B'

1. Critically analyze the performance and status of primary health care out-reach clinic (PHC- ORC) in remote rural setting of Nepal. What are the major challenges and how could they challenges be overcome? (5+5=10)
2. What is a Logistic Management Information System (LMIS)? How this information system contributes to dynamics of overall health care system? Explain. (10)
3. Describe the Tuberculosis National health program and critically review the current status of this program. (10)

Section 'C'

1. What are the major nutritional disorders among the under five children in Nepal? Describe in brief that the difference efforts being launched to correct those disorders by Government of Nepal. How could the problem of over nutrition be overcome? (3+3+4=10)
2. Explain the different types of training needed to organize in a district to manage the district health programs smoothly. (10)

Section 'E'

1. Critically analyze the existing HRH planning in National Health System of Nepal. How could the restructuring of HRH be done to address the transit to federalism in Nepal? (5+5=10)
2. What is supervision? how supervision can be differentiate with monitoring? Describe the role of supervision in improving health care system in a country? (2+4+4=10)

THE END

Mero Healthline

Loksewa Aayog, (2080/12/25)

लोक सेवा आयोग
नेपाल स्वास्थ्य सेवा, हेल्थ इन्स्पेक्सन समूह,
सातौं तहको प्रतियोगितात्मक लिखित परीक्षा

मिति: २०८०/१२/२५

पत्र: द्वितीय
विषय: हेल्थ इन्स्पेक्सन सम्बन्धी

पूर्णाङ्क: १००
समय: ३ घण्टा

तलका प्रश्नहरूको उत्तर Section अनुसार छुट्टाछुट्टै उत्तरपुस्तिकामा लेख्नुपर्नेछ ।

Section - A 30 Marks

1. Discuss ethical aspects to be considered in the design and implementation of public health program. Why is the interest of client considered very important in executive service? Explain. [6+4=10]
2. What are the opportunities and challenges for health program in the federal governance system in Nepal? Describe. Elaborate the health functions of local government in federal context. [6+4=10]
3. Discuss the current national population policy in the context of population growth rate of Nepal. What challenges does this policy face in the context of federalization? Elucidate. [5+5=10]

Section - B: 30 Marks

1. Discuss in detail about the contribution of IMCI program in child health of Nepal. [10]
2. Discuss on evolution, strengths and challenges of Female Community Health Volunteer (FCHV) program. How should the functions of FCHV program be enhanced? Explain. [10]
3. State the functions of National Health Education Information and Communication Center (NHEICC). Assess the roles played by NHEICC and recommend measures for making the roles more effective. [4+6=10]

Section - C: 20 Marks

1. Examine the HIV/AIDS control plan and program. How are the vector-borne diseases managed at present? Discuss. [5+5=10]
2. How do you plan and manage a sudden outbreak of malaria fever in your working area of Terai district of Nepal? Describe in detail. [10]

Section - D: 20 Marks

1. What is the inter and intra-sectoral coordination in health services of Nepal? Highlight. What are the challenges in the coordination of health services in Nepal? Discuss with examples. [5+5=10]
2. Mention the organizational structure of Ministry of Health and Population with its functions. Also, critically analyze the family planning program in federal system of Nepal. [5+5=10]

THE END