

**Q. Critically analyse the National Health Policy 2019: what are its best and weak features?**

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**1. Introduction (2 marks)**

National Health Policy 2019 le Nepal ko health system lai *Universal Health Coverage (UHC)* ko goal tira lagne roadmap banayeko cha. Yo policy le promotive, preventive, curative, rehabilitative ra palliative services lai integrate garera federal structure anusar service delivery strengthen garne aim rakheko cha.

**Main objectives:**

- Sabai nagarik lai basic health service dina
  - Health insurance expand garna
  - Quality health service, equity ra access ensure garnu
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**2. Best Features / Strengths (4 marks)**

**1. Universal Health Coverage (UHC) Commitment**

→ Policy le sabai nagarik lai affordable, equitable health service dina jor diyeko cha.

**2. Free Basic Health Services & Insurance Expansion**

→ Basic free service sabai lai ra advanced care insurance bata cover garne provision cha.

**3. Emergency & Remote Area Focus**

→ Ultra-remote area ma *air ambulance* ra emergency service ensure garne progressive provision.

**4. Digital HMIS System**

→ Data-based planning, monitoring, ra evidence generation ko lagi *digital HMIS* integrate garne plan.

**5. Multi-sectoral & Research Emphasis**

→ Public-private partnership, regulation of private sector ra domestic medicine production ma focus.

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**3. Weak Features / Challenges (3 marks)**

**1. Financing & Resource Plan Clear Chaina**

→ Special fund establish garne mention cha tara *costed implementation plan* chaina.

**2. Federal Structure Coordination Problem**

→ Federal, Provincial ra Local level ko role clear nai chaina, duplication risk cha.

**3. Lack of SMART Targets**

→ Policy ma measurable indicators ra timeline specify nagareko.

**4. Human Resource & Logistics Weakness**

→ HR management, supply chain ra infrastructure gap lai clearly address nagareko.

**5. Monitoring & Accountability Kamjor**

→ Strong M&E framework define nagareko; result-based evaluation chaina.

**4. Way Forward / Recommendations (1 mark)**

Costed implementation plan banaunu parcha.

Role & responsibility federal, province, local level ma clear define garnu parcha.

SMART indicators set garera M&E system strengthen garnu parcha.

**5. Conclusion (1 mark)**

National Health Policy 2019 progressive ra visionary cha, tara implementation clarity, financing mechanism ra accountability system strengthen nagarda policy ko goal achieve garna garo hunchha.

**Tricks Used:**

Element	Trick Used
Structure	Intro → Body → Conclusion
Visuals	Headings, bullets, keywords underlined
Keywords	UHC, HMIS, SMART, M&E, federal structure
Linking	Connected with Nepal's federal context
Marks Balance	2 (intro) + 4 (strengths) + 3 (weakness) + 1 (conclusion)

**Simple Version (for short or moderate answers)**

## Q. Critically analyse the National Health Policy 2019: best and weak features

### Introduction:

National Health Policy 2019 ko main aim Nepal ma universal health coverage achieve garne ho. Yo policy le basic free health service, insurance, emergency access ra digital HMIS ma focus garcha.

### Best Features:

- Sabai lai basic free health service ra insurance ko through advanced care.
- Remote area ma air ambulance service.
- Digital HMIS system for data management.
- Multi-sectoral approach ra private sector regulation.

### Weak Features:

- Clear financing plan chaina.
- Federal, provincial ra local level ko coordination unclear.
- SMART target ra indicator specify nagareko.
- Human resource management ra M&E framework kamjor.

### Conclusion:

Policy progressive cha tara effective implementation, clear financing ra monitoring mechanism strengthen nagare awashyak cha.