

# 200 Written Questions for Bagmati province- Staff Nurse

## 1. Fundamentals of Nursing (20 Questions)

1. Define the nursing process. Explain its steps with examples.
2. Describe the basic needs of clients and how nurses address them.
3. Explain the principles and procedures of drug administration.
4. Discuss the infection prevention methods used in hospitals.
5. What are the different methods of specimen collection? Explain with examples.
6. Write in detail about common nursing procedures in hospitals.
7. Describe stress and coping mechanisms in patients and the nurse's role.
8. Explain the significance and procedure of providing first aid in trauma cases.
9. Describe nursing responsibilities while administering injections.
10. How does a nurse ensure patient safety in a hospital setting?
11. Explain the importance of hand hygiene and sterilization in nursing practice.
12. Discuss nursing documentation and its importance in patient care.
13. Write short notes on bed making and pressure sore prevention.
14. Describe the preparation and aftercare of a surgical patient.
15. Discuss the role of a nurse in pain assessment and management.
16. What ethical principles guide nursing practice?
17. Explain the role of a nurse in managing IV fluids and electrolytes.
18. Write in detail about communication skills in nursing care.
19. Explain how a nurse can contribute to health promotion in hospitals.
20. Describe how a nurse handles emergency situations like cardiac arrest.

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## II. Applied Science (20 Questions)

21. Describe the structure and function of the cardiovascular system.
22. Explain the mechanism of osmosis and diffusion with examples.
23. Discuss the physiology of respiration and related nursing interventions.
24. Write about the acid-base balance and the nurse's role in monitoring it.
25. Explain the principles of Newton's laws and their application in nursing care.
26. Describe the signs, symptoms, and management of fluid and electrolyte imbalance.
27. Write about the skeletal system and common disorders.
28. Discuss the importance of rehydration therapy and its application.
29. Explain different types of microorganisms and their roles in disease.
30. Describe the causes, symptoms, and prevention of common infectious diseases.
31. Discuss nursing management in patients with fever and infection.
32. What is the significance of diagnostic investigations in nursing care?
33. Explain the concept of immunity and types of immunity.
34. Write short notes on bacterial culture and antibiotic sensitivity tests.
35. Explain nursing implications in administering commonly used drugs.
36. Describe the side effects and precautions of using antibiotics.

37. Discuss how friction and gravity impact patient movement and transfers.
  38. Explain homeostasis and its importance in human physiology.
  39. Write in detail about the urinary system and its common pathologies.
  40. Describe the gastrointestinal system and implications of digestive disorders.
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### **41.III. Medical/Surgical Nursing (30 Questions)**

42. Describe pre- and post-operative care of a surgical patient.
43. Explain nursing management of patients with head injury.
44. Discuss causes, symptoms, and nursing care of meningitis.
45. Write in detail about nursing care in asthma and bronchitis.
46. Explain nursing management in tuberculosis patients.
47. Describe common nursing diagnoses for patients with cardiac arrest.
48. Discuss the nursing care of patients with diabetes mellitus.
49. Explain nursing management in hypertension.
50. Describe causes, symptoms, and nursing care of renal failure.
51. Explain nursing interventions in gastrointestinal disorders like peptic ulcer.
52. Write about the care of patients with fractures and dislocations.
53. Discuss nursing care for patients with hernia and hydrocele.
54. Explain the nursing process in the care of patients with epilepsy.
55. Discuss nursing management of a patient with urinary tract infection.
56. Write about the care of patients with hepatic conditions like cirrhosis.
57. Describe the role of a nurse in caring for patients with anemia.
58. Discuss the care of a patient with appendicitis.
59. Explain nursing care in peritonitis and intestinal obstruction.
60. Describe the management of congestive heart failure.
61. Write short notes on osteomyelitis and its nursing management.
62. Discuss the significance of nursing assessment in post-operative care.
63. Explain the role of a nurse during blood transfusion.
64. Describe the care of a patient with gangrene.
65. Discuss the pathophysiology and nursing management of myocardial infarction.
66. Explain the differences in care for acute vs. chronic conditions.
67. What is the nurse's role in preventing hospital-acquired infections?
68. Discuss postural techniques in nursing for bedridden patients.
69. Describe care of patients with leukaemia.
70. Explain nursing interventions for patients with bladder stones.
71. Discuss the challenges and care strategies in spinal cord injury.

### **72.IV. Community Health Nursing (20 Questions)**

73. Define primary health care and its components.
74. Describe the epidemiological triad with examples.
75. Discuss the nurse's role in immunization programs.
76. Explain the classification and prevention of communicable diseases.
77. Describe indicators of community health status.

78. Write about nutritional deficiencies prevalent in Nepal and their management.
79. Explain the importance of family planning and the nurse's role.
80. Discuss waterborne diseases and prevention strategies.
81. Describe how to conduct a community health assessment.
82. Explain the nurse's role in health education.
83. Discuss steps in outbreak investigation.
84. Describe the importance of community participation in health promotion.
85. Write about the cold chain system and vaccine storage.
86. Explain the role of FCHVs in community health.
87. Discuss health promotion strategies for adolescent health.
88. Describe maternal and child health programs in Nepal.
89. Write about the Integrated Management of Childhood Illness (IMCI) strategy.
90. Discuss environmental sanitation and public health implications.
91. Explain the role of community health nurse in pandemic control.
92. Describe health communication tools used in communities.

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### **93.V. Midwifery (20 Questions)**

94. Describe the anatomy and physiology of the female reproductive system.
95. Explain antenatal care and the nurse's role.
96. Write in detail about postnatal care and complications.
97. Discuss nursing management of high-risk pregnancies.
98. Describe minor and major disorders during pregnancy and their management.
99. Explain pregnancy-related diseases and their care.
100. Write about the steps of normal delivery.
101. Describe care of newborn including assessment and breastfeeding.
102. Discuss breast care during pregnancy and lactation.
103. Describe danger signs during pregnancy and immediate actions.
104. Explain the APGAR score and its significance.
105. Describe active management of the third stage of labor.
106. Write about complications of labor and delivery.
107. Discuss management of postpartum hemorrhage.
108. Describe nursing responsibilities in cesarean section.
109. Explain the nurse's role in counseling pregnant women.
110. Write about neonatal resuscitation.
111. Discuss infections during pregnancy and their prevention.
112. Describe breastfeeding techniques and problems.
113. Explain the national safe motherhood program.

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### **115. VI. Gynaecological Nursing (10 Questions)**

116. Describe the causes and management of uterine bleeding disorders.
117. Discuss cystocele and rectocele and their surgical interventions.
118. Explain uterine prolapse: causes, stages, and management.
119. Write in detail about vesicovaginal fistula.
120. Describe nursing care for patients with HIV/AIDS.
121. Explain infertility, causes, and nursing interventions.
122. Discuss prevention of sexually transmitted infections.

123. Write about post-abortion care.
124. Explain nursing assessment in gynecological surgeries.
125. Describe endometriosis and its nursing management.

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## **126. VII. Pediatric Nursing (20 Questions)**

127. Describe developmental milestones in children.
128. Discuss the role of a nurse in adolescent health care.
129. Explain the six major killer diseases in children.
130. Write about immunization schedule for children in Nepal.
131. Describe management of acute respiratory infections in children.
132. Explain malnutrition in children and its management.
133. Discuss common childhood hazards and their prevention.
134. Describe congenital disorders and nursing care.
135. Write about child abuse and nursing intervention.
136. Explain how nurses reduce child mortality.
137. Discuss nursing care of children with diarrhea.
138. Describe nursing care for febrile seizures in children.
139. Explain juvenile diabetes and its management.
140. Write about care of neonates in NICU.
141. Discuss the concept of family-centered care in pediatrics.
142. Describe role of play in child development.
143. Write about breast feeding and weaning practices.
144. Explain adolescent mental health and counseling.
145. Discuss nutritional needs of children at different stages.
146. Describe nursing care for critically ill children.

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## **VIII. Mental Health Nursing (10 Questions)**

147. Define mental health. Describe classifications of mental disorders.
148. Write about the management of schizophrenia.
149. Describe nursing care for patients with depression.
150. Explain characteristics of mentally ill patients.
151. Discuss the role of family in mental health care.
152. Describe the importance of therapeutic communication in psychiatry.
153. Write about substance abuse and nursing responsibilities.
154. Explain bipolar disorder and nursing interventions.
155. Discuss nursing responsibilities in suicide prevention.
156. Describe anxiety disorders and their management.

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## **IX. Nursing Management & Leadership (20 Questions)**

157. Define leadership and explain types of leadership styles.
158. Describe supervision and its principles in nursing.
159. Explain the management cycle in a hospital.
160. Discuss motivation theories relevant to nursing management.
161. Describe the organizational structure of health services in Nepal.
162. Write about national health plans and policies.
163. Explain communication process and barriers in healthcare.

164. Describe the importance of delegation in nursing management.
165. Discuss performance appraisal and its process in nursing.
166. Explain budgeting in hospital management.
167. Describe quality assurance in nursing services.
168. Write about inventory management in a health facility.
169. Discuss legal and ethical issues in nursing management.
170. Describe change management in health systems.
171. Explain the nurse's role in policy implementation.
172. Describe the use of SOPs and protocols in nursing services.
173. Explain time management strategies for nurses.
174. Write about staff scheduling in health institutions.
175. Discuss human resource management in hospitals.
176. Describe the role of nursing managers in disaster preparedness.

### सामान्य ज्ञान र प्रशासनिक दक्षतामा आधारित दीर्घ प्रश्नहरू (१७१-२००)

१७१. नेपालको स्वास्थ्य प्रणाली र सेवा संरचना वर्णन गर्नुहोस्।
१७२. नेपालको संविधानमा उल्लेखित स्वास्थ्यसम्बन्धी अधिकारहरू विस्तृत रूपमा वर्णन गर्नुहोस्।
१७३. विपद् व्यवस्थापनमा स्वास्थ्य सेवाको भूमिका र नर्सको जिम्मेवारीबारे वर्णन गर्नुहोस्।
१७४. दिगो विकास लक्ष्य (SDG) हरूमा स्वास्थ्यसम्बन्धी लक्ष्यहरू र त्यसमा नर्सहरूको भूमिका स्पष्ट गर्नुहोस्।
१७५. सार्वजनिक स्वास्थ्य चेतना अभिवृद्धिका लागि सञ्चालित कार्यक्रमहरू र त्यसमा नर्सहरूको भूमिका वर्णन गर्नुहोस्।
१७६. स्वास्थ्य सेवामा सूचना प्रविधिको प्रयोग र त्यसको महत्व स्पष्ट गर्नुहोस्।
१७७. नेपालमा मानसिक स्वास्थ्यसम्बन्धी ऐन, नियम र नीति तथा त्यसको प्रभावबारे वर्णन गर्नुहोस्।
१७८. नेपालमा स्वास्थ्य सेवा क्षेत्रका लागि वित्त व्यवस्थापन प्रणालीबारे वर्णन गर्नुहोस्।
१७९. स्वास्थ्य तथा जनसंख्या मन्त्रालयको संरचना र कार्यबारे विस्तृत वर्णन गर्नुहोस्।
१८०. अस्पतालमा कार्यालय व्यवस्थापनका सिद्धान्तहरू र नर्सको भूमिका उल्लेख गर्नुहोस्।
१८१. नर्सहरूले गर्ने तथ्यांक संकलन, व्यवस्थापन र प्रतिवेदन तयारीबारे वर्णन गर्नुहोस्।
१८२. अस्पतालमा अभिलेख राख्ने प्रक्रिया, महत्व र प्रकारहरू स्पष्ट गर्नुहोस्।

१८३. अस्पतालमा आधिकारिक पत्राचार (correspondence) गर्ने तरिका र प्रक्रिया वर्णन गर्नुहोस्।
१८४. अभिलेख वर्गीकरण र संग्रह समयावधिबारे स्पष्ट गर्नुहोस्।
१८५. स्वास्थ्य सेवामा नागरिक बक्तव्य (Citizen Charter) को अर्थ, आवश्यकता र प्रभाव वर्णन गर्नुहोस्।
१८६. नर्सिङ पेशामा अपेक्षित नैतिक व्यवहार (ethical behavior) का उदाहरणसहित वर्णन गर्नुहोस्।
१८७. स्वास्थ्य सेवामा गोपनीयताको महत्व र नर्सहरूको जिम्मेवारी वर्णन गर्नुहोस्।
१८८. स्वास्थ्य सेवा क्षेत्रमा टिम वर्क (teamwork) को आवश्यकता र त्यसको प्रभावबारे वर्णन गर्नुहोस्।
१८९. स्थानीय तहमा स्वास्थ्य योजना बनाउने प्रक्रिया र नर्सहरूको भूमिका वर्णन गर्नुहोस्।
१९०. नर्सहरूको तालिम तथा व्यावसायिक विकास प्रक्रिया र त्यसको महत्त्व उल्लेख गर्नुहोस्।
१९१. राम्रो प्रतिवेदनको संरचना, लेखन प्रक्रिया र विशेषताहरू वर्णन गर्नुहोस्।
१९२. कार्यालय व्यवस्थापनमा फाइलिङ प्रणालीको प्रकार, महत्व र प्रक्रिया उल्लेख गर्नुहोस्।
१९३. स्वास्थ्य क्षेत्रमा सेवा प्रवाहमा देखिने चुनौतीहरू र समाधान उपायहरू वर्णन गर्नुहोस्।
१९४. स्वास्थ्य संस्थामा समस्या समाधान प्रक्रिया र कदमहरू वर्णन गर्नुहोस्।
१९५. अस्पतालमा गुनासो व्यवस्थापन प्रणाली र त्यसमा नर्सको भूमिका वर्णन गर्नुहोस्।
१९६. नर्सिङ सेवामा सेवा उत्कृष्टता (Service Excellence) को अवधारणा र लागू गर्ने तरिका वर्णन गर्नुहोस्।
१९७. संप्रेषण (Communication) मा देखिने अवरोधहरू र समाधान उपायहरू स्पष्ट गर्नुहोस्।
१९८. नर्सिङ सेवामा सामग्री व्यवस्थापन र भण्डारण नियन्त्रण प्रविधिहरू वर्णन गर्नुहोस्।
१९९. स्वास्थ्य सेवा क्षेत्रमा लागू हुने नैतिकता (ethics) र मान्यताहरूबारे चर्चा गर्नुहोस्।
२००. नर्सहरूको निरन्तर व्यावसायिक विकास (CPD) को आवश्यकता, लाभ र कार्यान्वयनका उपायहरू वर्णन गर्नुहोस्।

